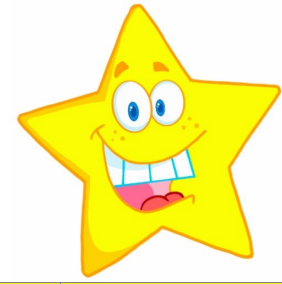




Colonial Heights Public Schools North Lunch Menu October 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken & Rice Bowl Corn Dog Nuggets Hummus & Pita Pack Baked Pretzel & Yogurt	3 Beef Nachos Chicken Tenders Hummus & Pita Pack Baked Pretzel & Yogurt	4 French Toast Sticks & Turkey Sausage Chicken Patty Sandwich Hummus & Pita Pack Baked Pretzel & Yogurt	5 Cheesy Chicken Alfredo Cheeseburger Hummus & Pita Pack Baked Pretzel & Yogurt	6 Cheese Pizza Hot Dog Hummus & Pita Pack Baked Pretzel & Yogurt
9 Spaghetti & Meat Sauce w/ Garlic Bread Corn Dog Nuggets Hummus & Pita Pack Baked Pretzel & Yogurt	10 Chicken Quesadillas Chicken Tenders Hummus & Pita Pack Baked Pretzel & Yogurt	11 Pork BBQ Sandwich Chicken Patty Sandwich Hummus & Pita Pack Baked Pretzel & Yogurt	12 Stuffed Pizza Sticks Cheeseburger Hummus & Pita Pack Baked Pretzel & Yogurt	13 Cheese Pizza Hot Dog Hummus & Pita Pack Baked Pretzel & Yogurt
16 French Toast Sticks & Turkey Sausage Corn Dog Nuggets Hummus & Pita Pack Baked Pretzel & Yogurt	17 Beef Nachos Chicken Tenders Hummus & Pita Pack Baked Pretzel & Yogurt	18 Salisbury Steak Chicken Patty Sandwich Hummus & Pita Pack Baked Pretzel & Yogurt	19 Chicken & Rice Bowl Cheeseburger Hummus & Pita Pack Baked Pretzel & Yogurt	20 Cheese Pizza Hot Dog Hummus & Pita Pack Baked Pretzel & Yogurt
23 Pork BBQ Sandwich Corn Dog Nuggets Hummus & Pita Pack Baked Pretzel & Yogurt	24 Salisbury Steak Chicken Tenders Hummus & Pita Pack Baked Pretzel & Yogurt	25 Generals Tso's Chicken Chicken Patty Sandwich Hummus & Pita Pack Baked Pretzel & Yogurt	26 Stuffed Pizza Sticks Cheeseburger Hummus & Pita Pack Baked Pretzel & Yogurt	27 Cheese Pizza Hot Dog Hummus & Pita Pack Baked Pretzel & Yogurt



Available Daily

Beverages: 1% White Milk, Non-fat Chocolate Milk,

Assorted 100% Juices (Breakfast, 2x per week lunch), Filtered Water.

We are committed to serving our students the best in seasonal fruits and vegetables.

Fruit and vegetable sides may change, increase, or be prepared differently based availability and student preference.

Lunch Prices

\$2.65 Full Price, \$.40 Reduced Price

"This Institution is an Equal Opportunity Provider"

